



Heal with Exercise

PHYSIOTHERAPY & REHABILITATION CLINIC

A new flow of life

Heal • Move • Live Better

Move better. Live healthier.

Personalized care
for every stage of life.



Reduce Pain

Get Relief



Improve Mobility

& Flexibility



Build Strength

& Endurance



Better Function

& Quality of Life



Care built around you

OUR SERVICES



Neurological rehabilitation

- Post Stroke Rehabilitation
- Parkinson's Disease Rehab
- Neurological Conditions (Stroke, Parkinson's etc.)
- Spinal Cord Injury Rehab



Pain, movement & recovery

- Back Pain
- Knee Joint Pain
- Musculoskeletal Disorders (Joint, Muscle & Ligament Injuries)
- Post Surgical Rehabilitation
- Sports Injury Rehabilitation



Care across life stages

- Pediatric Physiotherapy
- Geriatric Physiotherapy
- Pre / Post Natal Care
- Fitness & Wellness Program

Advanced Treatment Modalities

TECAR Therapy

Deep Healing • Faster Recovery



- ✓ Reduces pain & inflammation
- ✓ Promotes tissue repair
- ✓ Improves mobility & function
- ✓ For chronic & acute conditions

Shockwave Therapy

Stimulate Healing • Restore Movement



- ✓ Effective for tendon injuries
- ✓ Reduces pain & improves function
- ✓ Breaks down calcifications
- ✓ Helps in chronic conditions

Laser Therapy

Advanced Scanning Laser



- ✓ Pain-management support
- ✓ Soft-tissue & sports injury care
- ✓ Selected wound-care support*

*After clinical assessment

Care beyond the clinic

RENTALS & HOME VISITS



Oxygen Machine Rental

- ✓ For home care
- ✓ Safe & reliable
- ✓ Short & long term rental



Medical Bed Rental

- ✓ For home care
- ✓ Comfort & convenience
- ✓ Short & long term rental



Home Visits Available Now

Within Bangalore

We bring physiotherapy and rehabilitation to you.

Professional &
Experienced Care

Individualized
Treatment Plans

Modern Equipment
& Techniques

Patient-Centered
Approach

4th Floor, Building No. 33
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Call for Consultation

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